

Report on Life Guidance Class Held on 4 October 2024

A life guidance class was conducted on 4 October 2024, at Fr. Punnappadom Hall, with 35 students in attendance. The session was led by Dr. Gem Cherian, Head of the Department of English, who provided valuable insights on navigating life's challenges. The topic of her class was "Perseverance and Purpose: Navigating Life's Journey".

Dr. Gem Cherian emphasized the importance of perseverance and determination in overcoming uncertainties and distractions on the path toward achieving one's goals. Drawing inspiration from literature, she cited Paulo Coelho's *The Alchemist*, highlighting its message of following one's dreams despite obstacles.

The session was highly motivational, leaving students with a renewed sense of purpose and commitment to their personal and academic journeys.

Edited 3:17 p.m.