

Report on the 30-Hour Skill Development Certificate Course on Hand Embroidery
Organized by: KSWDC Women's Cell
Academic Year: 2024-2025

Introduction

The KSWDC Women's Cell organized a 30-hour Skill Development Certificate Course on Hand Embroidery during the academic year 2024-2025. This course aimed at introducing participants to the art of hand embroidery, equipping them with both traditional and contemporary stitching techniques. The initiative was designed to enhance creativity, promote traditional crafts, and provide participants with the skills to explore embroidery as a potential source of income or a fulfilling hobby.

Course Details

Duration: 30 hours

Target Group: 14 participants

Course Co-ordinator: Dr. Neethu Mary Tomy

Resource Persons:

Ms. Afsana H

Ms. Sajimol S

Ms. Meghana R. Nair

Objectives

The primary objectives of the Hand Embroidery Skill Development Course were:

To teach the basics and advanced techniques of hand embroidery.

To foster creativity and artistic expression through stitching.

To equip participants with skills that can be used professionally or as a hobby.

To promote traditional hand embroidery as a form of art and craftsmanship.

To encourage women to explore potential entrepreneurial opportunities through hand embroidery.

Course Structure

The course was conducted over 30 hours, with a carefully designed curriculum to introduce beginners to hand embroidery while allowing participants to explore more advanced techniques. The sessions included hands-on practice, demonstrations, and individual guidance to ensure skill mastery.

Module 1: Introduction to Hand Embroidery

Topics covered: History and significance of hand embroidery, basic stitches, materials, and tools required.

Duration: 5 hours

Facilitator: Ms. Afsana H

Module 2: Basic Stitches and Techniques

Topics covered: Running stitch, backstitch, satin stitch, chain stitch, and French knots.

Duration: 10 hours

Facilitator: Ms. Sajimol S

Module 3: Advanced Stitches and Patterns

Topics covered: Cross-stitch, crewel embroidery, long and short stitches, and decorative patterns.

Duration: 8 hours

Facilitator: Ms. Meghana R. Nair

Module 4: Creating Embroidered Designs

Topics covered: Designing patterns, applying embroidery on fabric, color selection, and creating personalized embroidery projects.

Duration: 5 hours

Facilitator: Ms. Afsana H

Module 5: Embroidery for Commercial Use and Entrepreneurship

Topics covered: How to sell and market hand-embroidered products, entrepreneurial opportunities in the craft industry.

Duration: 2 hours

Facilitator: Ms. Sajimol S

Participants

The course had a total of 14 participants, all women, who were eager to learn and enhance their skills in hand embroidery. The participants ranged from beginners with little to no prior knowledge of embroidery to those who wanted to refine their existing skills. The diversity in the group allowed for dynamic discussions, sharing of ideas, and collaborative learning.

Methodology

To ensure effective learning, the course adopted a hands-on approach, which included the following methods:

Demonstrations: Resource persons demonstrated various embroidery techniques, allowing participants to see the process in action.

Practical Sessions: Participants practiced the stitches and designs, receiving real-time feedback from the facilitators.

Group Discussions: Group activities and discussions helped in sharing tips, ideas, and experiences among participants.

One-on-One Guidance: Personalized attention was provided to ensure that participants could learn at their own pace and address any difficulties they faced.

Key Outcomes

By the end of the course, the participants were able to:

Master basic and advanced hand embroidery techniques such as running stitch, satin stitch, cross-stitch, and crewel embroidery.

Create their own embroidered designs on fabric and apply them creatively.

Develop a deeper understanding of the history and significance of hand embroidery as a traditional craft.

Explore the potential of embroidery as a source of income or a business venture, with insights into marketing and selling embroidered products.

Enhance their artistic and creative abilities, leading to increased self-confidence in their craft.

Feedback from Participants

Feedback collected from participants indicated a high level of satisfaction with the course. Many participants expressed that they felt more confident in their ability to create intricate and personalized embroidery designs. Additionally, they appreciated the expertise of the resource persons, who provided clear instructions and individual attention.

Key feedback points included:

Practical skills: Participants were impressed with how much they were able to accomplish within 30 hours, particularly with the variety of stitches and patterns taught.

Creative freedom: Many participants appreciated the opportunity to create their own designs and experiment with colors and textures.

Engagement: The course was seen as highly interactive, with ample opportunity for discussion and practical application of learned techniques.

Entrepreneurial insights: Several participants were inspired by the module on entrepreneurship and expressed interest in exploring ways to market and sell their hand-embroidered creations.

Conclusion

The 30-hour Hand Embroidery Skill Development Certificate Course, conducted by the KSWDC Women's Cell during the academic year 2024-2025, was a resounding success. The course empowered participants with valuable skills in hand embroidery, fostering creativity and providing opportunities for entrepreneurial endeavors. The course also contributed to the preservation and promotion of traditional craftsmanship while helping women enhance their personal and professional development.

The expertise and dedication of the resource persons, coupled with the enthusiasm and commitment of the participants, made this course a highly rewarding experience for all involved. It is hoped that future initiatives like this will continue to empower women and provide them with the skills needed to succeed in both personal and professional spheres.